

● Drop-in

■ Booking needed

August 2024

Frome Community Hub

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	2
5 ● Citizens Advice 10am - 3:30pm	6 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	7 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm ● Baby Loss Support 7pm - 9pm	8 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	9
12 ● Citizens Advice 10am - 3:30pm	13 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	14 ● Safe Link Support 10am - 1pm ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	15 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	16
19 ● Citizens Advice 10am - 3:30pm	20 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	21 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	22 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	23
26 Closed for bank holiday	27 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	28 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	29 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	30

Visit www.frometowncouncil.gov.uk/frome-community-hub for more info.

● Drop-in

■ Booking needed

September 2024

Frome Community Hub

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>● Citizens Advice 10am - 3:30pm 2</p>	<p>● Frome Welcome Hub 10am - 3pm 3</p> <p>■ Community Pantry 2pm - 4:30pm</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm 4</p> <p>● Healthy Little Ones 1pm - 2:30pm</p> <p>● Baby Loss Support 7pm - 9pm</p>	<p>■ Free welfare checks 12pm - 2pm 5</p> <p>● Prosper Frome 2pm - 4pm</p>	<p style="text-align: right;">6</p>
<p>● Citizens Advice 10am - 3:30pm 9</p>	<p>● Frome Welcome Hub 10am - 3pm 10</p> <p>■ Community Pantry 2pm - 4:30pm</p>	<p>● Safe Link Support 10am - 1pm 11</p> <p>■ Frome Birth Talk Counselling 11:30am - 2:30pm</p> <p>● Healthy Little Ones 1pm - 2:30pm</p>	<p>■ Free welfare checks 12pm - 2pm 12</p> <p>● Prosper Frome 2pm - 4pm</p>	<p style="text-align: right;">13</p>
<p>● Autism & ADHD Parent/Carer Forum 10am - 12pm 16</p> <p>● Citizens Advice 10am - 3:30pm</p>	<p>● Frome Welcome Hub 10am - 3pm 17</p> <p>■ Community Pantry 2pm - 4:30pm</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm 18</p> <p>● Healthy Little Ones 1pm - 2:30pm</p>	<p>■ Free welfare checks 12pm - 2pm 19</p> <p>● Prosper Frome 2pm - 4pm</p>	<p style="text-align: right;">20</p>
<p>● Citizens Advice 10am - 3:30pm 23</p>	<p>● Frome Welcome Hub 10am - 3pm 24</p> <p>■ Community Pantry 2pm - 4:30pm</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm 25</p> <p>● Healthy Little Ones 1pm - 2:30pm</p>	<p>● SEND Navigators 10am - 12pm 26</p> <p>■ Free welfare checks 12pm - 2pm</p> <p>● Prosper Frome 2pm - 4pm</p>	<p style="text-align: right;">27</p>
<p>● Citizens Advice 10am - 3:30pm 30</p>	<p style="text-align: right;">1</p>	<p style="text-align: right;">2</p>	<p style="text-align: right;">3</p>	<p style="text-align: right;">4</p>

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● Drop-in

■ Booking needed

October 2024

Frome Community Hub

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	2 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm ● Baby Loss Support 7pm - 9pm	3 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	4
7 ● Citizens Advice 10am - 3:30pm	8 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	9 ● Safe Link Support 10am - 1pm ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	10 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	11
14 ● Citizens Advice 10am - 3:30pm	15 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	16 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	17 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	18
21 ● Autism & ADHD Parent/Carer Forum 10am - 12pm ● Citizens Advice 10am - 3:30pm	22 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	23 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	24 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	25
28 ● Citizens Advice 10am - 3:30pm	29 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	30 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	31 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	1

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● Drop-in

■ Booking needed

November 2024

Frome Community Hub

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
<p>● Citizens Advice 10am - 3:30pm</p> <p style="text-align: right;">4</p>	<p>● Frome Welcome Hub 10am - 3pm</p> <p>■ Community Pantry 2pm - 4:30pm</p> <p style="text-align: right;">5</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm</p> <p>● Healthy Little Ones 1pm - 2:30pm</p> <p>● Baby Loss Support 7pm - 9pm</p> <p style="text-align: right;">6</p>	<p>■ Free welfare checks 12pm - 2pm</p> <p>● Prosper Frome 2pm - 4pm</p> <p style="text-align: right;">7</p>	8
<p>● Citizens Advice 10am - 3:30pm</p> <p style="text-align: right;">11</p>	<p>● Frome Welcome Hub 10am - 3pm</p> <p>■ Community Pantry 2pm - 4:30pm</p> <p style="text-align: right;">12</p>	<p>● Safe Link Support 10am - 1pm</p> <p>■ Frome Birth Talk Counselling 11:30am - 2:30pm</p> <p>● Healthy Little Ones 1pm - 2:30pm</p> <p style="text-align: right;">13</p>	<p>■ Free welfare checks 12pm - 2pm</p> <p>● Prosper Frome 2pm - 4pm</p> <p style="text-align: right;">14</p>	15
<p>● Autism & ADHD Parent/Carer Forum 10am - 12pm</p> <p>● Citizens Advice 10am - 3:30pm</p> <p style="text-align: right;">18</p>	<p>● Frome Welcome Hub 10am - 3pm</p> <p>■ Community Pantry 2pm - 4:30pm</p> <p style="text-align: right;">19</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm</p> <p>● Healthy Little Ones 1pm - 2:30pm</p> <p style="text-align: right;">20</p>	<p>■ Free welfare checks 12pm - 2pm</p> <p>● Prosper Frome 2pm - 4pm</p> <p style="text-align: right;">21</p>	22
<p>● Citizens Advice 10am - 3:30pm</p> <p style="text-align: right;">25</p>	<p>● Frome Welcome Hub 10am - 3pm</p> <p>■ Community Pantry 2pm - 4:30pm</p> <p style="text-align: right;">26</p>	<p>■ Frome Birth Talk Counselling 11:30am - 2:30pm</p> <p>● Healthy Little Ones 1pm - 2:30pm</p> <p style="text-align: right;">27</p>	<p>● SEND Navigators 10am - 12pm</p> <p>■ Free welfare checks 12pm - 2pm</p> <p>● Prosper Frome 2pm - 4pm</p> <p style="text-align: right;">28</p>	29

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● Drop-in

■ Booking needed

December 2024

Frome Community Hub

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ● Citizens Advice 10am - 3:30pm	3 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	4 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm ● Baby Loss Support 7pm - 9pm	5 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	6
9 ● Citizens Advice 10am - 3:30pm	10 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	11 ● Safe Link Support 10am - 1pm ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	12 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	13
16 ● Autism & ADHD Parent/Carer Forum 10am - 12pm ● Citizens Advice 10am - 3:30pm	17 ● Frome Welcome Hub 10am - 3pm ■ Community Pantry 2pm - 4:30pm	18 ■ Frome Birth Talk Counselling 11:30am - 2:30pm ● Healthy Little Ones 1pm - 2:30pm	19 ■ Free welfare checks 12pm - 2pm ● Prosper Frome 2pm - 4pm	20
23 ● Citizens Advice 10am - 3:30pm	24 ● Frome Welcome Hub 10am - 12pm ■ Community Pantry 2pm - 4:30pm	<div style="display: flex; justify-content: space-between;"> 25 26 27 </div> <p>Frome Town Hall closed Christmas - New Year. Information for accessing support over this time will be shared on the Frome Town Council website and social media.</p>		
30	31	1	2	3

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