



THE GREAT BIG GREEN WEEK

10th - 18th June 2023
PROGRAMME

Frome's Great Big Green Week 2023

The Great Big Green Week is a celebration of how the Frome community is taking action to tackle climate change and protect its green spaces. We have a fantastic range of events lined up including guided walks, talks, workshops and foodie events.

All events with a ✨ need to be booked in advance.

For tickets visit tinyurl.com/GreatBigGreenWeekFrome



Saturday 10th June

Whose Hands - The Journey of Jewellery

10am-4pm - Iron Gates, King Street - Free

Working towards a circular economy: Emma Aitchison and Josie Mitchell jewellery strive for a more ethical jewellery industry. Utilising recycled metals, recyclable and biodegradable packaging and ethical studio practices; sustainability is at the forefront of their brands.

Emma & Josie will be collaborating to present 'Whose Hands', an exhibition on the journey of your jewellery inviting you to discover the process involved in making jewellery from source to shop.

Exploring how a raw alloy transforms into a piece of jewellery, whose hands does it pass, what chemicals are used and what energy is consumed.

Come down and explore the issues and effects of the jewellery trade on planet and people, learn what positive steps are being taken in the industry and what you can do to help create change.

Alongside the exhibition, to encourage upcycling, Emma and Josie will be offering 10% discount for all custom projects which include the upcycling of the customer's metal.

Please pop into the studio shop at Iron Gates to discuss your project!

Open: Tuesday, Thursday, Friday and Saturday



Christ Church Open Churchyard

10am-5pm - Christ Church - Free

Visit the tranquil churchyard with its shady trees and wild corners, identify plants and insects and enjoy an environmental display in the church.

Bring your own picnics. Tea and coffee and cloakroom facilities available 1pm-2pm & 3pm-4pm.



Saturday 10th continued

Welcome to the Seed Library Garden

11am-1pm - Frome Library - Free

Since launching in July 2022 the Frome Seed Library has distributed over 1,300 free packets of seeds and started a monthly under-5s gardening club, 'Sprouts', all kindly hosted within Frome Library.

This year they've set their sights on creating a new container garden, located at the entrance of the library, using plants expertly grown by the Sprouts and local gardeners.

Come along to hear more about the project, how you can get involved, make a plastic-free pot with Frome Families for the Future and see the first of the planters unveiled.

All welcome.



Nature Volunteer Day

12pm-3pm - Vallis Veg Allotments - Free

Spend a few hours being kind to yourself and take a break outside. Nature, company, physical activity (to your ability) and hot drinks.

Bring your own refreshments and work ready clothes. We provide the tools and instructions.

Shared Earth Learning is situated near Vallis Veg, an eighteen acre organic farm near to Vallis Vale. What 3 words: unpacked.dialects.expose. About zoom from the western edge of Frome.

We welcome all newbies! No need to book, but we appreciate you turning up for the start. Email shareearthbookings@gmail.com if you need directions or have any questions.

* Lo Rapitenc's Market Menu

12pm-3pm & 6pm-10pm - Lo Rapitenc - prices vary

To coincide with June's Somerset Farmers' Market at The Boyle Cross, Lo Rapitenc will showcase local produce direct from market producers, but with a Catalan twist.

A Frome Food Network collaboration.

Booking required.



* Tour of a Low Carbon Home

1pm-2.30pm - Milk Street - Free

Terry Pinto director at local Eco architects PAAD will give a limited tour of his own house and a project that he has just finished.

Both are examples of whole house Eco refurbishments and he will show practical ways and means that we can all use to do the same with our own houses to help decarbonise them.

Also running on Wednesday and Friday.

Booking essential.



Sunday 11th June

Trinity Neighbourhood Litter Pick

10am-11.30am - Milk Street - Free

Come and get involved in a community tidy-up and meet some neighbours. Stay for refreshments. Meet on Milk Street green next to the Griffin. Gloves and pickers provided if needed.

Christ Church Open Churchyard

10am-5pm - Christ Church - Free

For details see Saturday 10th listing.

Planet-Friendly Picnic: Fun, Sun and Low Impact!

11.30am-2.30pm - Victoria Park - Free

"Planet-Friendly Picnic: Fun, Sun and Low impact!" hosted by Frome Families for the Future, is an event that aims to promote sustainable and eco-friendly practices while enjoying a fun picnic with friends and family.

Apart from the focus on sustainability, the event promises to be a fun-filled afternoon in the sun. Enjoy outdoor activities, tasters, tips on how to gobble up a more sustainable lunch and browse stalls from local eco-friendly businesses.

Bring a picnic and make it green - why not aim for less waste, locally sourced or organic ingredients or turn it vegan!

Food Waste to Magical Compost

11.30am-1.30pm - Victoria Park - Free

Loop Frome rethinking Frome's resources. A chance to meet the team behind Frome Compost and see how they are turning food waste into living soil.

Ask them anything about composting and share your own compost stories and tips. You can also buy billions of beneficial micro-organisms (bring your own container).

Packsaddle Nature Watch

12pm-3pm - Packsaddle Fields - Free

Join in with the Packsaddle nature watch. Let's see what birds, insects, flowers and fauna we can identify in the fields.

Sustainable Witham Family Bike Event

1pm-3pm - Witham Friary Recreational Ground & Pump Track - Free

Enjoy and explore all things bike including bike health checks and maintenance demos, bike jumble, competitions and pimp your bike with up/recycled materials. Plus, cakes, refreshments and a raffle.



Elderflower Champagne Workshop

3pm-6pm - Rodden Meadow - £25

Raise a glass to spring! Join professional forager George Linklater who will introduce you to the delights of hedgerow brews. Begin with a walk around Rodden Meadow looking closely at the elder tree and other common hedgerow plants and shrubs and how to identify them. Discover their uses historically in brewing, some different recipes and types of brews.

You will be guided through the process of making and safely bottling elderflower champagne. To finish the afternoon, you will have the chance to sample this wonderful beverage along with a range of other fantastic foraged canapés to try.

Guests get to take home a bottle of elderflower champagne (plastic bottle for safety).

Booking essential.

Monday 12th June

* Green Community Connectors

10am-11am – Frome Medical Practice - Free

Join the growing network of Green Community Connectors in Frome.

Sign up to this short, one off session to learn about the important link between climate and health and how to support each other in the Frome community. With refreshments upstairs in the boardroom.

Booking preferred.



Energy Advice Drop In

10am-4pm – Frome Library - Free

Whether you have questions about lowering your energy bills, moving to low carbon heating, home insulation or dealing with energy debt, the Healthy Homes team are here to help.

Stop by for a one-on-one discussion with one of the Centre for Sustainable Energy's (CSE) trained energy advisers or pick up some of CSE's helpful short guides.



Tiny Forest Citizen Science Workshop

3.30pm-4.30pm – Egford Lane Park - Free

Join Frome Town Council and Earthwatch staff to help collect data within the tiny forest on tree growth, soil composition and biodiversity, using a range of practical and accessible citizen science techniques.

It will be a great opportunity to connect with the Tiny Forest and to understand the processes that are taking place in the early stages of a tree's life and growth and see how the trees have come on from a year ago.



* Bike Maintenance class

6pm-8pm – Frome Community Bike Project Workshop - Free

Join Frome Community Bike Project for a free bike maintenance class to learn how to fix common bicycle bugs.

Save money and keep your bike on the road by doing simple repairs yourself.

The session will be tailored to the group. No prior experience necessary.

It is free to take part but numbers are limited so please book your free place.

Tuesday 13th June

Whose Hands - The Journey of Jewellery

10am-4pm - Iron Gates, King Street - Free

See Saturday 10th listing for details.



* Dr Bike

10am-4pm - Frome Medical Practice/
Frome Community Hospital - Free

Bring your bike along for a free safety check with a Frome Community Bike Project mechanic.

Small fixes such as replacing brake blocks, fixing gears and changing cables will be included. Any further work required will be highlighted and options discussed so future repairs can be arranged.

Please book a free 30 minute slot for each bike you would like checked.



* Yoga in the Meadow

12pm-1pm - Rodden Meadow - Donation

Energising Flow. A creative Vinyasa yoga practise; a gentle waking of the body, building to a dynamic standing sequence.

Led by the breath, from one pose to another through your inhale and exhale, inviting heat to the body and a stillness in the mind.

Suitable for all levels. Payment by cash donation on the day of whatever you can afford, and if things are difficult, please come and practise for free.

Please bring your own yoga mat. Booking recommended.



Open Day at Rodden Nature Reserve

1pm-4pm - Rodden Nature Reserve - Free

Learn about your local wildlife at Rodden Nature Reserve. Discover what species you can spot as well as how and when to get the best sights of our wonderful wildlife.

This open day at the reserve's North Meadow will help introduce you to the incredible wildlife and species we have in Frome and how we seek to protect, manage and conserve the area for ourselves and the wildlife to ensure a healthy future.

You can also learn about how the area acts as a vital flood defence for Frome town centre as well as its importance as a wildlife corridor for so many varied species.

Tuesday 13th continued

* Food Sustainability Workshop

4pm-5.30pm - Cheese & Grain - Free

Does it matter where your food comes from? This interactive workshop helps young people explore issues surrounding food production.

We'll consider different points of view, develop our own opinions on this issue and discuss what can be done to make food production more environmentally friendly.

Orla (14 years old) described our last workshop as "an eye-opening experience, it was really fun!" Join Katie from Science Boost CIC to explore this important topic with other young people.

You'll also hear from Hugh Thomas, a food writer, about things already happening locally around food sustainability with the Frome Food Network.

This workshop is brought to you by Science Boost CIC working in partnership with Future Shed as part of the Green and Healthy Frome programme.

For 13-18 year olds. Booking required.

* Film screening - DIRT! The Movie

7pm-8.30pm - Frome Town Hall - Free

Sustainable Frome present DIRT! The Movie. Narrated by Jamie Lee Curtis, the film brings to life the environmental, economic, social and political impact that soil has. It shares the stories of experts from all over the world who study and are able to harness the beauty and power of a respectful and mutually beneficial relationship with soil.

But more than the film and the lessons that it teaches, DIRT! The Movie is a call to action. "When humans arrived 2 million years ago, everything changed for dirt. And from that moment on, the fate of dirt and humans has been intimately linked."

How can you affect that relationship for the better?

Refreshments available. Booking recommended.



* Climate Cafe

7.30pm-9.30pm - The Good Heart - Free

Join a simple, hospitable, empathetic space where fears and uncertainties about the climate crisis can be safely expressed.

Booking required.



Wednesday 14th June

Talking Bench

10am-11am – Outside Frome library - Free

Come and meet your local Social Prescribing Team, Health Connections Mendip and chat with our Green Health Connector about how what we are doing is helping Frome reach Net Zero at our Talking Bench outside the library.



* Tour of a Low Carbon Home

1pm-2.30pm – Milk Street - Free

For details see Saturday 10th listing. Spaces limited, so booking is essential.



* Nature's Rainbow Art Session

3.45pm-4.30pm – Victoria Park - Free

Create colourful art, whilst pausing to notice the beauty of nature all around us.

Join local children's book illustrator Jenna Herman for a local 'colour-hunt walk' - looking for all the colours of the rainbow and beautiful textures in the nature around us.

Families are then invited to create some lovely art together. Each child will go home with their own mini-masterpiece!

Spaces are limited so please book in advance.



* Community Wildlife Mapping Session

4.30pm-5pm – Victoria Park - Free

Learn how to support Frome's Community Wildlife Mapping Project and Somerset Wildlife Trust's Big Count to help us map biodiversity in town and wider Somerset.

Frome Town Council's Resilience Officer Jo Morris will show you how to record wildlife using the iNaturalist and Seek apps to kick start the Big Count which is taking place 16th -25th June.

* Green Spaces Walk

7pm-9pm - Outside Frome Library - £7

Join FROGS (Frome Recreation and Open Ground Supporters) for an evening walk around North Frome. Trees, both native and introduced, are a particular feature of the walk, which links together several of the town's open spaces.

Meet outside the library for 7pm start. Booking required.

The Big Green Clothes Swap

7pm-9pm – The Silk Mill - £2 (cash only)

The Big Green Clothes Swap is a great excuse to clear out your wardrobe and find some fine new second (or third!) hand threads.

Bring your unwanted items along to the Silk Mill between 7pm and 9pm and have a rummage through the piles to find some new treasures.

Bring what you don't want, take home what you do!

Please count the number of items you bring so we know how much is shared and saved.

Supported by Everyone Needs Pockets.

Thursday 15th June

* [42 Acres Guided Tour](#) 9.30am-12pm - 42 Acres - Free

You are invited to connect with the land, the food philosophy, the team and the vision of 42 Acres.

Join us if you're interested in regenerative farming, wild food, rewilding and agri-wilding. Or, if you're exploring ways to take care of, and live in conversation with, our sacred world.

Booking required.



Whose Hands - The Journey of Jewellery 10am-4pm - Iron Gates, King Street - Free

See Saturday 10th listing for details.

* [Foraging & Nature Connection Walk](#)

10am-12pm & 3pm-5pm - Rodden Meadow - £12

Take this walk on the wild side and see the natural world through a new lens as Professional Forager George Linklater gives you a window into his world of wild foods and flavours.

George Linklater will take guests on a guided walk around Rodden Meadow talking through the different habitats that can be found throughout the area and what edible and medicinal species can be found in each one.

We will focus on identification of a range of species and how to forage safely and sustainably. George will also touch on folklore, history and medicinal uses.

After the walk guests will be given a guide to identifying 4 plants and will be tasked to find each to help hone your foraging skills and break down the barriers that often keep us from that closer connection with nature.

Booking required.



* [Tour of Frome Medical Practice Wellbeing Garden](#)

1pm-2pm - Frome Medical Practice - Free

Come and see our staff wellbeing space and find out what our biodiversity plans are for the future.

Please wait in the Medical Practice cafe before being taken on the tour of the garden space.

Booking required.



* [Wild Bunch Pond Dipping](#) 1.30pm-2.30pm - Welshmill Pond - Free

Join Frome Town Council's Resilience Officer Jo Morris to investigate the wildlife at the pond in Welshmill.

Try out some pond dipping methods, learn about amphibians and explore the variety of insects and their larva in and around the pond.

Booking recommended.



Thursday 15th continued

* Cycle Confidence Class 5.30pm-6.30pm – Victoria Park - Free

Join Frome Community Bike Project for a free cycle confidence class to learn about safe cycling techniques including observation, positioning, communicating and understanding priorities.

Cycle training offers something for everyone whether you've cycled for years or are completely new to cycling on roads.

This is an adults only class. You will need a roadworthy bike and be able to ride a bike already. This class won't teach how to ride a bike but it will help those who are not confident riding and those who are confident but want to learn the best techniques for safe riding in traffic.

We'll meet near the bandstand in Victoria Park, Weymouth Road, BA11 1HJ.

It is free to take part but numbers are limited so please book your free place.

* Big Green Summer Meet Up 6.30pm-9pm - Victoria Park - Free

Green & Healthy Frome and Sustainable Frome invite you to a Big Green Summer Meet Up. This will be a chance to get together and celebrate all the wonderful green and sustainable initiatives happening in Frome, find out what everyone is up to and make new connections. The emphasis will be on socialising and sharing, rather than a structured meeting.

Join us for a bring-your-own picnic with a free vegan ice cream for everyone who books a free ticket. The new community café at Victoria Park will also stay open on this evening for refreshments.

There will be a gazebo and tables set up for anyone wanting to bring leaflets or display materials to share information about their projects.



Friday 16th June

Whose Hands - The Journey of Jewellery

10am-4pm - Iron Gates, King Street - Free

See Saturday 10th listing for details.



* **Flax Workshop**

10am-4pm - Vallis Farm - £25

A one day group workshop all about flax led by Flaxland from Stroud.

Designed both for beginners and those with some knowledge, this workshop has lots of hands on processes using flax.

What is flax - its many uses - flax's multiple benefits to individuals and the planet - history and future of flax in the UK. How to sow, grow, harvest and ret flax.

Hands on sessions - harvesting the seeds, processing the straw, extracting fibres - breaking - scutching - hackling - make a twist of flax to take home or use.

Dressing a distaff introduction to drop spindle to spin line, twisting tow (short fibres) to make a garden twine.

We want to understand more about natural fibres that can be grown in the UK and the processes, challenges and benefits associated with flax.

£25; £10 for those on lower incomes/benefits
Please contact the event organiser if you want to attend and find the cost prohibitive.

This special workshop is being hosted by Future Shed and Everyone Needs Pockets Clothing & Textile Reuse Network as part of the Green & Healthy Frome programme on climate and health.

Booking required.

* **Tour of a Low Carbon Home**

1pm-2.30pm - Milk Street - Free

See Saturday 10th listing.
Booking essential.



* **Gardening Together: Connecting Frustrated Gardeners**

7pm-9pm - Pure Moves Garden/Frome Town hall - £10

Are you a frustrated gardener with no garden? Join us all ye frustrated gardeners and let's see if at the end of the evening we can find you a garden match in time for spring sowing.

Got an unloved garden that needs some TLC? Have you got a green space that you need some help with and are willing to share maybe in exchange for some light weeding or the lawn mowed once in a while ?

Join us for a few drinks and a chat starting at Kieran's shared garden at Pure Moves and then on to the Town Hall over the road where we will try to connect you with people with an interest in gardening.

We want to connect and support frustrated gardeners with unloved gardens so everyone can have access to a growing space and have the knowledge and tools to succeed.

Booking required.

Friday 16th continued

* [This Food is Rubbish](#) 7pm-11pm - Rye Bakery - Price TBC

An communal multisensory event, conceived as an edible conversation between two acclaimed food artists, This Food is Rubbish explores food that is overlooked, misunderstood and wasted in the 30 miles of Somerset countryside that lies between them.

Cherry Truluck (based in Frome) and Annalee Levin (Huish Episcopi) ask "how might we think, eat and farm differently if we took a zero waste approach to food and drink?"

Join us for an unforgettable adventure through multiple courses of food and drink including a myriad of foraged, reclaimed and rediscovered ingredients.

Booking recommended.

* [Frome Architect's Eco Home - Practice What You Preach](#) 7.30pm-9pm - The Good Heart - Free

Terry Pinto director at local Eco architects PAAD will give a talk about the three types of low cost homes that are all sustainable in one way or another, that the three members of the practice have designed and built themselves in Frome.

One is a zero-carbon new build home, another is an eco refurbishment of a Victorian terrace and the third is the repurposing of a commercial building, into a family home.

They all address the state that we are in and how to resolve them in various ways.

Spaces limited, so booking recommended.



Saturday 17th June

Whose Hands - The Journey of Jewellery

10am-4pm - Iron Gates, King Street - Free

See Saturday 10th June listing for details.

River Festival

10am-2pm - Rodden Meadow - Free

Join Friends of the River Frome in celebrating the river at the heart of our town.

Along with FORF there will be Bristol Avon Rivers Trust who will be running a practical river dipping session, Wessex Water, Environment Agency, Heal Rewilding, Frome Anglers and many more.

At midday there will be a series of short talks by the various organisations and the chance to ask questions on water quality, pollution, what lurks in the water and anything else you can think to ask about our wonderful river.

Children are very welcome and expect them to get a little wet and muddy as they will be going in the water!

Bring wellies or water shoes and we will have some waders available for both children and adults to join in the watery fun.

Ready Steady Cook with the Community Fridge

12pm-2pm - Market Yard - Free

Red Tomatoes and Green Peppers at the ready... Join the Frome Community Fridge for some zero waste foodie fun!

We'll be challenging some of Frome's top cooks to make a tasty meal from ingredients collected by the Community Fridge.

* How Do We Tackle the Climate Emergency

2pm-5pm - Rode Memorial Hall - Free

A series of talks from different speakers setting out ways in which we can tackle the Climate Emergency. From individual action to community initiatives.

For further details, including the individual talks and speakers, see [eventbrite.co.uk](https://www.eventbrite.co.uk) (search for "Climate Emergency, Rode")

Booking recommended.

* Frome Heritage Tree Walk

2.30pm-4pm - Start outside the Cheese & Grain - £7

Join local author and ancient tree specialist Julian Hight on a walk to see some of Frome's most majestic trees and hear about their history and lore.

Starting at the Cheese and Grain, the easy walk will include Millennium Green, Rodden Meadow and Willow Vale and take around 60-90 minutes.

Julian travels widely, camera in hand, to document historic ancient trees, resulting in three books; Britain's Tree Story, World Tree Story, and most recently Britain's Ancient Forest as well as regular talks.

Chair of Wessex Ancient Tree Forum, he also campaigns to save threatened trees and ancient woodland and started the Reviving Selwood Forest project to plant oaks grown from Selwood Forest's most ancient specimens. Find out more at www.worldtreestory.co.uk.

Well behaved dogs on a short lead are welcome (at the owner's responsibility).

Booking required.

Sunday 18th June

* Community Bike Ride 9am-12pm - The Bridge Cafe - Free

Join Frome Community Bike Project on a social bike ride! We'll be following a beautiful 11 mile route riding from Frome along the traffic-free Colliers Way and stopping at Mells Walled Garden for a well earned drink and snack.

This is an intermediate level ride for adults only. You will need a roadworthy bike and an average level of fitness. There are some moderate hills but no one will be left behind and we have planned in lots of stops along the way - this is a social ride not a fitness test or a race!

The route is mostly on quiet country lanes but there are a couple of crossings on busier roads so good road safety awareness will be necessary. Meet us outside the Bridge Cafe at the junction of Selwood Road and Trinity Street.

It is free to take part but numbers are limited so please book your free place.



Garden Gather at Broadway Community Garden

10am-12pm - Broadway Community Garden - Free

Come and get involved with Frome's newest community garden. As part of Great Big Green Week we are holding one of our regular Garden Gatherings, an opportunity every other Sunday to come to the space for a chat, get stuck in with whatever jobs need doing or just sit quietly and enjoy the wildlife.

The event will be a chance to meet the people already using the space and to chat about how you would like to use the space too. Sign up to our mailing list, Facebook or WhatsApp group to receive regular updates and easy ways to feed into the future of the garden.

www.broadwaycommunitygardens.com

* Tour of Tellisford Mill 11am, 2pm & 4pm - Tellisford Mill - Free

Guided tour of a micro-hydro plant, generating electricity from the River Frome.

Visit this fascinating location and discover how the Mill was restored to become a power station. Hear more about the history of the Mill, learn about the restoration project and see at first hand how energy is generated today.

The tours are free but numbers are limited and tickets must be booked in advance.

Plastic Fantastic? Reuse, Reduce, Recycle & Play! 1pm-3pm - Tower View Park - Free

Join Caravan Arts and Super Roots to make musical instruments, jewellery and crafts out of your recycling.

With the caravan full of books and making tools, we want to empower young people about protecting nature while getting creative. Relax and read in the caravan... build a band... make a wallet... dress up!

Green Open Doors 2pm-5pm - various locations - Free

Visit around a dozen homes and businesses in Rode, Beckington, Norton St Philip and surrounding villages to see at first hand environmental initiatives in action (heat pumps, solar PV, Tesla batteries, insulation, electric vehicles, water recycling...).

Speak to the owners and hear about the pros and cons. Maps showing all locations are available in advance from Rode General Store & Café, other local shops and pubs and on the day from Rode Memorial Hall. Further details at eventbrite.co.uk (search for "Green Open Doors Rode").

Other things happening during Great Big Green Week and beyond...

St John's Church Eco Display

9.30am-3.30pm - St John's Church - Free

Explore St John's eco area which includes their 'Treading Lightly on Planet Earth' display exploring reducing our carbon footprint and caring for creation, as well as information on Eco Church and Wilder Churches.

Please note: open from 11am on Sundays due to weekly service.

Veggie Week!

12th - 18th June - Times and venues vary

Pubs in Rode, Beckington and Norton St Philip will be serving up extra vegetarian and vegan delights during Great Big Green Week. An excellent opportunity to try a few new, planet-friendly dishes in some of the best village pubs around.

For full details including opening times contact the participating venues: Cross Keys, Rode; The Mill at Rode; The Foresters, Beckington; The Woolpack Inn, Beckington; The Full Moon at Rudge.

Big Wildlife Count

16th - 25th June

Join Somerset Wildlife Trust's Big Count 2023 which will run from 16th -25th June. The Big Count observations are recorded using a free phone app called iNaturalist and will also be automatically added to Frome's Community Wildlife Mapping project.

For those who would like to gain confidence in using iNaturalist, Frome Town Council's Resilience Officer will be running a demo session on Wednesday 14th at 4.30pm at Victoria Park.

Youth Patient Participation Group

4pm-5pm, 28th June - Frome Medical Practice

Are you wanting to give your CV a boost and meet like minded people? This is a great opportunity to feed into the change you want to see for young people in Frome, for anyone interested in health, community and climate change. For anyone under 19 years and a patient at Frome Medical Practice.

Call 01373 468368 for more info or book through eventbrite.

Green Community Connectors Training

Interested in taking positive steps to make a difference to our planet and our wellbeing? Keen to pass on information to friends, family and the community on what is good for us and good for the planet?

Find and book a training date at www.eventbrite.co.uk/o/health-connections-mendip-13492597642

Co-wheels Great Big Green Week Offer

Co-wheels are offering a time limited code that will be active during Great Big Green Week.

Enter the code FREEJOIN25 to join for free* and get £25 driving credit.

To sign up visit www.co-wheels.org.uk/frome.

*Please note the monthly subscription of £5 will still be required.

NOTES:



For more ways to get involved go to
Frometowncouncil.gov.uk/sustainability-and-resilience

Frome
TOWN COUNCIL

ENTER OUR GREAT BIG GREEN WEEK RAFFLE

TO WIN A HOME CINEMA EXPERIENCE

WIN!

SHARE
A LIBRARY OF THINGS
A UK Experience Centre

THE GREAT BIG GREEN WEEK
10th - 18th June 2023

ONLY £1 TO ENTER

PRIZE INCLUDES

For your chance to win a **FREE** weekend hire of our home cinema kit, call or visit **SHARE** and enter our raffle during **GREAT BIG GREEN WEEK** (enter from 10th-18th June 2023)

Share - Home Cinema Kit raffle - £1

Pop down to see Share's Great Big Green window display which they're aiming to make 100% from kerbside waste.

While you're there you can enter the SHARE Library of Things raffle for your chance to win a home cinema experience for the whole family.

The prize includes a weekend borrow of everything you need to have a fantastic night - projector and screen, accompanied by a popcorn maker for that authentic cinema experience and a fondue set for chocolate dipping. Or maybe the classic nachos and cheese.

They'll even provide you with your very own inflatable sofa so you can get comfy wherever you are as well as some fairy lights and even a bottle of prosecco to help make your evening a super special occasion.

To find out what else Share has to offer check out their online catalogue at sharefrome.org/things

Great Big Green Week at a glance

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| S 10 | 10am-4pm 11am-1pm 12pm-3pm 12pm & 6pm 1pm-2.30pm 10am-5pm | Whose Hands - The Journey of Jewellery (repeats) Welcome to the Seed Library Garden Nature Volunteer Day Lo Rاپitenc's Market Menu Tour of a Low Carbon Home (repeats Wed/Fri) Christ Church Open Churchyard (repeats Sunday 11th) |
| S 11 | 10am-11.30am 11.30am-2.30pm 11.30am-1.30pm 1pm-3pm 3pm-6pm | Trinity Neighbourhood Litter Pick Planet-Friendly Picnic: Fun, Sun and Low Impact! Food Waste to Magical Compost Sustainable Witham Family Bike Event Elderflower Champagne Workshop |
| M 12 | 10am-11am 10am-4pm 3.30pm-4.30pm 6pm-8pm | Green Community Connectors Energy Advice Drop In Tiny Forest Citizen Science Workshop Bike Maintenance Class |
| T 13 | 10am-4pm 12pm-1pm 1pm-4pm 4pm-5.30pm 7pm-8.30pm 7.30pm-9.30pm | Dr Bike Yoga in the Meadow Open day at Rodden Nature Reserve Food Sustainability Workshop DIRT! The Movie Climate Cafe |
| W 14 | 10am-11am 3.45pm-4.30pm 4.30pm-5pm 7pm-9pm 7pm-9pm | Talking Bench Nature's Rainbow Art Session Community Wildlife Mapping Green Spaces Walk The Big Green Clothes Swap |
| T 15 | 9.30am-12pm 10am & 3pm 1pm-2pm 1.30pm-2.30pm 5.30pm-6.30pm 6.30pm-9pm | 42 Acres Guided Tour Foraging & Nature Connection Walk Tour of Wellbeing Garden Pond Dipping Cycle Confidence Class Big Green Summer Meet Up |
| F 16 | 10am-4pm 7pm-9pm 7pm-11pm 7.30pm-9pm | Flax Workshop Gardening Together This Food is Rubbish Frome Architect's Eco Home - Practice What You Preach |
| S 17 | 10am-2pm 12pm-2pm 2pm-5pm 2.30pm-4pm | River Festival Ready Steady Cook with the Community Fridge How Do We Tackle the Climate Emergency Frome Heritage Tree Walk |
| S 18 | 9am-12pm 10am-12pm 11am, 2pm & 4pm 1pm-3pm 2pm-5pm | Community Bike Ride Garden Gather at Broadway Community Garden Tour of Tellisford Mill Plastic Fantastic? Reuse, Reduce, Recycle & Play! Green Open Doors |