

Stay safe - and play safe

Things to think about if you're planning to go out to one of our play areas; or one of our outdoor gyms

The Government's guidance on play areas and outdoor gyms has now changed - and you'll find them re-opening from Saturday 4 July as long as it's safe for this to happen.

With your continuing support, we believe we can do this in Frome - with everyone playing their part.

Stay safe – and play safe

The essentials:

- Check for the Government's latest guidance on social distancing – at the moment this still means keeping 2m apart as far as possible
- Practice good hand hygiene. We won't be cleaning our play areas or our outdoor gyms – so we'd recommend that you wash or sanitise your hands before and after you play; and before and after eating and drinking
- Look out for other people while you're out - including taking turns on things

As well as these essentials, the Government has drawn up a longer list of things that you might want to think about as well.

Hints and tips, if you like, so you can plan ahead.

- If it's busy, you might not want to go in; or you might prefer to come back later. So chatting to your littles first to explain that this could happen seems like a good idea
- We all love family trips to the play area; but at the moment it might be worth thinking about just having one family member accompanying a child if that's possible
- There could be lots of families wanting to get out to play – so you might see people waiting to go in while others finish playing. So think about how long you're going to play for; it might be that you spend a bit less time out than you usually do – and come back later on or another day
- You might want to take something to clean surfaces with; including places where you sit down
- Take your rubbish home with you for recycling where possible (neatly avoiding the bins)
- Even if you've been using hand sanitiser while you're out, wash those hands when you get home: 20 seconds using soap and water – and definitely before eating or drinking
- You might want to wear a face covering – especially if the play area is busy and it's proving difficult to keep 2m apart. However, check the more detailed advice about face coverings before doing this: coverings and masks are NOT recommended for children under the age of 3 or those who may find it difficult to wear them correctly, for example
- You might not want to eat and drink in the play area for the time being

Outdoor gym bunnies

The essentials all apply.

- And you might need to be flexible with the equipment that you use and the order you use it in. Some equipment is closer than 2m, so mix up your workout if someone else is on the equipment that you'd planned to use next
- You might want to bring your own towel and hygiene products to wipe down equipment before and after use