

I'm taking the  
#WastelessLiveMore  
Challenge!

[www.wastelesslivemore.com](http://www.wastelesslivemore.com)

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What's good for the  
environment is good for us.

KEEP  
BRITAIN  
TIDY

# 101 ways to #WasteLessLiveMore

- 1 Become a RAKtivist
- 2 Have a declutter day
- 3 Rediscover the fun of the playground
- 4 Grow from scraps
- 5 Take it outside
- 6 Organise a shared lunch
- 7 Set up a book-swap shelf
- 8 Organise a street party
- 9 Have a go at upcycling
- 10 Support your local library
- 11 Make a pinecone birdfeeder
- 12 Scoot to school
- 13 Give collaboratively
- 14 Be intergenerational inspirational
- 15 Organise a walking bus
- 16 Support a local community project
- 17 Have a photography competition
- 18 Sleep under canvas
- 19 Have a fix-it party
- 20 Make a home for wildlife
- 21 Build a bottle rocket
- 22 Gift a tree
- 23 Darn it
- 24 Get gardening
- 25 Spend an evening by candlelight
- 26 Pledge to have zero waste lunches
- 27 Arrange a themed movie night
- 28 Get a teapot or coffeepot for work
- 29 Ditch the disposables
- 30 Preserve and pickle
- 31 Create a new game (no purchases allowed)
- 32 Get inventive, Masterchef-style!
- 33 Chit-chat for charity
- 34 Patch it
- 35 Share your skills
- 36 Get your office growing
- 37 Play team sports
- 38 Lift-share
- 39 Make a puppet or sock monkey
- 40 Love your local park, river or beach
- 41 Join a choir
- 42 Give a hen a home
- 43 Try geocaching
- 44 Eat seasonably
- 45 Make a musical instrument
- 46 Buy local
- 47 Organise a spoken word or unplugged music night
- 48 Set up a stuff library
- 49 Harvest rainwater
- 50 Join your local transition town
- 51 Buy milk from the milkman
- 52 Scrub naturally
- 53 Food-share
- 54 Row, row, row your boat
- 55 Organise a Big Tidy Up
- 56 Be a lover, not a leaver
- 57 Yarn-storm your garden
- 58 Do a bug hunt
- 59 Join a veg-box scheme
- 60 Stargaze
- 61 Go zero waste
- 62 Host your own DIY Olympics
- 63 Go paperless
- 64 Make a cork memo board
- 65 Fly a kite
- 66 Buy nothing
- 67 Have a (non-computer) games night
- 68 Go walkies!
- 69 Re-love some stuff
- 70 Go for a bike ride
- 71 FoodCycle
- 72 Race to save water
- 73 Become a citizen scientist
- 74 Plan an overland holiday
- 75 Host a 'jumble trail'
- 76 Create unique reusables
- 77 Share a bath
- 78 Organise a 'Give and Take' day
- 79 Make your own
- 80 Arrange a scavenger hunt
- 81 Get crafty with bottle caps
- 82 Theme your next book group
- 83 Green your roof
- 84 Go dairy-free
- 85 Do good, get fit
- 86 Create your family tree
- 87 Go birdwatching
- 88 Get together to doodle, paint, sketch, draw...
- 89 Break the bag habit
- 90 Forage
- 91 Visit your nearest green open home
- 92 Build a den
- 93 Plug-out
- 94 Volunteer with your local Scouts/ Guides group
- 95 Make rubbish art
- 96 Go meat-free
- 97 Try an outdoor gym
- 98 Swish your clothes
- 99 Write and perform a song, poem or play
- 100 Go swimming outdoors
- 101 Turn off the TV

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## Waste less, Live more Week | 19–25 September 2016

Waste less, Live more Week brings together organisations and people from all over the country to take part in activity which is good for people and the environment.

**What's good for the environment is good for us.**

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